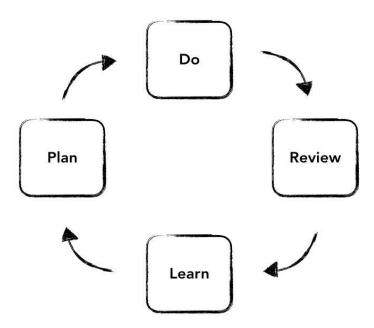
The Learning Cycle



| Stage | Types of Questions To Ask |
|--------|--|
| Review | What did you do / try / experiment with? What happened as a result? What impact did it have on you? On others? How do you feel about it? What are you curious about? What other observations do you have? |
| Learn | What insights have you got from this? What did you learn from this? What is the broader insight or lesson that could be applied in other situations? What else do you think could be learned? |
| Plan | What will you do more of / less of / differently next time? What will you not do? What are your next steps? What help do you need? |

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