

Growing Through Crisis Webinar Chat 10 am Friday 24th April 2020

#### QUESTION: What has inspired you during lockdown?

Christopher Miller:	My family, my clients
Michele Walls: m	nore scope to expand and learn - access to wonderful tools
Grant Verhoeven:	Yes family :)
Genevieve Just:	New experiences
Sue Danner:	The shifted focus on humane interactions
Chris McKeown:	abillity of my family to adapt
Naomi Mitchell:	people's resilience
Rebecca Beyer:	The enthusiastic way people have adapted to working from
	home and learning new skills
Gretchen Young:	Quiet acceptance by people of all generations -every is making
	a sacrifice and people are talking about it - and linking it to past
	experiences (e.g. polio epidemic/WW2 etc)
Lani Beer:	How quickly some organisations have adapted to enable people
	to continue to work and provide support
carla Drayton:	How people joined together in unity and the focus on humanity
Krista HAPPY FRIDAY:	Watching people getting comfortable with being
	uncomfortable amazing adaption!
Michele Walls: th	ne opportunity to now consider the future in a different way -
	work adaptability and flexibility
Grant Verhoeven:	generosity - of super cool people

Digby Scott:	Walter Scheidel "The Great Leveler"
Digby Scott:	Four Horsemen - War, Revolution, Collapse of States, Pandemics
Digby Scott:	No-one is coming

# QUESTION: What's your #1 question you're bringing today?

Grant Verhoeven:	Reminds me of Brian Tracy re "maturity" - no one is coming to the rescue
Christopher Miller:	What is the right timing for the next stage of growth? If not now, when?
Carol-Anne Thacker:	Issues around levels of trust and loyalty in organizations
Nick Jones:	How can I influence and motivate my leaders to embrace and be open to change.
Gretchen Young:	When will people be open to development? Currently there's a lot of scrambling going on and people are busy busy busy
Jana Froehlich:	How to leverage/benefit from uncertainty rather than 'fighting'/managing it?
Grant Verhoeven:	Structure of my week is still a factor - how can I maximise this "opportunity" and not feel like I am "missing the boat" :)
Rae MacDonald:	Opening the lines of communication within teams so they can grow together
Lani Beer:	How might I inspire others to make a difference in this time?
Sue Danner:	Enabling my clients to keep their momentum and continue to innovate for our new future
Michele Walls: how o	do we balance adaptation to new ways of working with
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Melissa Hare: How can I leverage the good ideas that are bubbling away at the edge of my consciousness that I can't develop as I feel blocked by the reality of days at hope/news from overseas - I also feel like I won't maximise this 'opportunity

#### QUESTION: What would you mine for?

Christopher Miller:	Awesome client success stories - people not just coping but
	thriving, and the reasons why!
Gretchen Young:	Lots and lots of meetings/comms through different channels. People see these as interruptions. How do leaders do this better
	for their teams
Melissa Hare:	More connectedness
Rae MacDonald:	Flexibility around family Uncovering vulnerability within teams to strengthen them
Grant Verhoeven:	good habits and how to continue the "balance"
Rebecca Beyer:	What have people missed and what have they discovered during this time
Edi Szentirmay:	What are we doing that is keeping us going and being
La ozentimay.	productive
Chris McKeown:	what has our team found worked, what hasn't, what would we
	keep, what would we change, what could our future look like, let's survey it
Sue Danner:	Innovations - people breaking out of the norm and embracing the discomfort of the unknown
Carol-Anne Thacker:	The realisation that for many who have lost their job and can not see a futurehow do we help
Christopher Miller:	People searching for meaning - redefining their own or their
Christopher Miller.	organisation's Purpose and Values
Nicky Sinclair:	What positivity actually looks like in action, how people have
	kept connected and a sense of hope throughout challenging
	moments
Lani Beer:	Mine for tension
Sue Danner:	How are people creating more inclusivity - in business,
	community how is this beneficial to embracing greater diversity
	for our future
Melissa Hare:	How vulnerable our economy is

# QUESTION: What are some of the highs and lows for you in this lockdown experience?

Lani Beer:	Family time
Melissa Hare:	How this is making the workplace more human
Krista HAPPY FRIDAY	: Adapted quickly, took the entire business online
Christopher Miller:	No-one misses the commute - we all miss the human contact
Michele Walls:	how much creativity people have had scope for
Lani Beer:	Closer to immediate team
Rae MacDonald:	Embracing teaching with technology
Di Piggott:	how quickly people are adapting, better quality interactions with people
Michele Walls:	people learning more about each other as people/humans/individuals
Chris McKeown:	High: spending more time with my family (not travelling for work)
	Low: feeling like I am not spending enough time with my family because I'm stuck on ZOOM calls all day
Sue Danner:	Paradigm shift that is shaking people out of the old autocratic
	ways of 'managing' and bringing in a more empathetic, inclusive approach
Rebecca Beyer:	How everyone managed to keep connected via zoom, email and phone calls
Grant Verhoeven:	Team interaction missed - high sometimes stepping up (and learning trust ) :)
Nick Jones:	The fact that people are asking the question, 'how can we change for the better'
Nicky Sinclair:	Loved realizing other people are in similar situations. Also how people are really connecting at a human level and leading teams with greater empathy.
Carol-Anne Thacker:	changing the way we deliver skills training especially outdoor experiences etc
Sue Danner:	Having opportunities to connect with amazing leaders - like through the Vid19 conference
carla Drayton:	The agility - switching tack and getting things done that you've been meaning /needing to do for ages
Michele Walls:	only low from my perspective not being able to hug my people when we celebrate something
Carol-Anne Thacker:	Young people who don't have careers yet and are now without casual work and uni
Lani Beer:	missing freedom to choose - eating
Rae MacDonald:	Knowing other people are struggling too - We are all in this together

Jana Froehlich:	very vivid dreams!
Chris McKeown:	High: enabling to get stuff done (remotely)

Low: keeping in touch with team to get a collective project done (but not wanting to come across as micro-management)

## QUESTION: What were some of the lows?

Michele Walls:	omg the dreams!!
Melissa Hare:	Losing work and not being able to get to close family overseas
Corinna Chin:	the whole team hit a wall after first two weeks of running on adrenaline -
Lani Beer:	less energy later in the day
Rebecca Beyer:	Lack of concentration and lots of distractions
Nicky Sinclair:	Complete loss of income and reflecting on how you can earn
	living in a different context. Also concern for family members needing work as well.
Sue Danner:	Losing job (along with 9 colleagues) as soon as this became
	"serious".Being isolated and re-learning about who I am and what motivates me
Rae MacDonald:	Such an emotional rollercoaster
Karleen Whaanga:	Having to deal with ones own company during this time
Ashita Dutt:	My dreams are time travelling
Carol-Anne Thacker:	the complete reminder that I can not worki at home with out being distracted!
Michele Walls:	the fear of paying back all the subsidies - the long term pain
Jana Froehlich:	had to rearrange mental health- missing water activities
Michele Walls:	easier now than it might have been pre lockdown

## QUESTION: What was that process like for you?

Welcome to my world :-)
insightful awkward at first then easier
Liberating and how much of it is a shared experience
An honour that people shared their stories
Reassuring
Relieved, Liberating
fine - went to negative first which was interesting
Connecting
really cool actually, connecting with people otherwise wouldn't
Embracing the opportunity to actually meet someone new!
connecting
really comfortable

Jana Froehlich:	a bit of frustration at first - then easing into it
Edi Szentirmay:	Lovely to connect, the human element and sharing experiences
Nick Jones:	connectedness
Austin:	yes interesting the low was faster to define itself
Christopher Miller:	If you were travelling at Mach 10 before the crisis, did you stop,
	breathe and reconsider, or did you just pivot and accelerate.
	Neither is right or wrong, just different.

## QUESTION: What do you want to create? What are your hopes and fears?

Jana Froehlich:	lovely
Michele Walls: very set	upportive
natalie stevens:	How quickly you allow yourself to be vulnerable
Shirley Murdoch:	Relief
Christopher Miller:	Familiar, comfortable - like minded
Ashita Dutt:	Hopes are High and Fears are Low🙂
Rae MacDonald:	It was great - we made networks for the future
Krista HAPPY FRIDAY:	Our group has built a beautiful connection so it was effortless
Corinna Chin:	great opportunity to be able to share - don't have that space currently at work to do so
Nick Jones:	Enlightening - I got some personal 'cut through' on better understanding my own fears.
Melissa Hare:	Our group reflected how easy it is to make a meaningful connection - online- with people you haven't met before, we wouldn't have thought that before
carla Drayton:	consolidating
Carol-Anne Thacker:	Getting different perspectives especially as I am in Tassie which is quite removed at present from the mainland
Grant Verhoeven:	Perspective - we each came from different places
Nicky Sinclair:	Was great thanks! Amazing how quickly you can make a meaningful connection
Di Piggott:	comfortable and good to know shared fears and hopes
Rebecca Beyer:	Great way to start thinking about these things
Edi Szentirmay:	Good to know we are on the same page and wanting the best for everyone
Austin:	a doorway out of my own headspace new space to play
Chris McKeown:	Positive: good to hear. Acceptance that we are not alone, that others are feeling similar things, that we can have a positive way to go. Into ACTION!!
Gretchen Young:	Our hopes and fears were strangely similar - which was interesting
Carol-Anne Thacker:	Great frame thank you Gillan and Digby

## QUESTION: What is your take-away from today?

Grant Verhoeven:

Melissa Hare:

Nick Jones:

Digby Scott:	digbyscott.com/grow
Chris McKeown:	I miss you Changemaker lovely people !!!!
Carol-Anne Thacker:	Frames for our team meeting Sunday thanks
natalie stevens:	Digby-you are so disciplined!!!!
Christopher Miller:	We are all in this together
Michele Walls: permis	sion to leverage my intuition in a great way with flying
Krista HAPPY FRIDAY:	Incredible actionable advice on how to connect with people!
Grant Verhoeven:	Reach out
Shirley Murdoch:	start journaling
Gretchen Young:	Defining a vision
Nick Jones:	You've given me an awesome framework to work with!
Edi Szentirmay:	Great questions to ask at work for our way forward
Rae MacDonald:	I loved the Traffic Light - I'm going to use this as a gauge
Rebecca Beyer:	Next meeting I will be asking my teams about their highs and
	lows to start us thinking about next steps
Sue Danner:	inspiration to keep moving forward
carla Drayton:	The way this relates to creating a shared vision. Powerful. Have a
	great weekend people!!
Ashita Dutt:	Define my vision
Nicky Sinclair:	Love the Mine, Define, Align - also thanks for being so generous
	with your ideas and support. Loved the interaction too, one of the
	best webinars, thanks
Melissa Hare:	my break out group and mining our experiences
Austin:	I need to push pause and reflect on things WITH others
Karleen Whaanga:	Traffic lights and Game Changers
Bronwyn Long:	talk to others about their highs and lows, will provide great
	insights. Thanks for a great webinar
Rae MacDonald:	Thanks Team
Sue Danner:	nga mihi
Michele Walls: bye all	and thanks
Krista HAPPY FRIDAY:	THANK YOU!!
Carol-Anne Thacker:	Thanks everyone
Shan Thatte:	thank you so much :)
Christopher Miller:	Thank you so much
Gretchen Young:	Thanks Digby and Gillian
natalie stevens:	Ciao
Dacia Goble:	Thank you!

Thanks - have a great day

Thank you!

Thanks so much Gillian and Digby